



To our valued patients,

Thank you so much for your patience and dedication to Strive over the past 2 weeks as we navigate the unfortunate circumstances surrounding the COVID-19 outbreak. On Saturday, March 21st, Governor Murphy issued an executive order restricting Non-Essential Services/ Businesses from opening. Physical Therapy, however, is listed in the Governor's Executive Order as an **essential service** allowing us to continue to serve our patients in need.

The American Physical Therapy Association describes the rationale for Physical Therapy being listed as an essential service:

If your clinic is able to practice within the recommended CDC guidelines and follow your local government mandates, consider that community-based Physical Therapists assist in keeping people healthy. According to Dr. Matos, an expert in biologic surety and the management of select agent programs at federal facilities, "Physical Therapists are essential in flattening the curve of the COVID-19 pandemic. They play a key role in keeping people out of doctor's offices and ER's. This will not only free up the medical teams to treat those impacted by COVID-19, but also limit the exposure of those seeking the care of the Physical Therapist."

At this time, Strive Physical Therapy will remain open to serve the needs of the community. We have made the below changes to ensure the utmost safety for our patients and our team members:

- We will confirm each appointment over the phone to ensure that the patient is healthy and has not had exposure to anyone reporting "flu-like" symptoms
- We will practice social distancing in the clinic by providing each PT with their own treatment area in the facility
- We will ask that only the patient enter the facility (all their family members are asked to stay in the car)
- We will maintain a ratio of 1 Physical Therapist to 1 Patient for each appointment slot
- We will ensure that all equipment is disinfected after each use
- We will wear protective equipment during manual therapy

We are expanding the availability of the Strive Telemedicine Program as more insurances indicate they are covering this service, which will allow us to provide quality care regardless of your location.

We are here for you!

- If you are an active patient, **We Miss You!** Please look out for a call or email from one our skilled PT's!
- If you are a previous patient and in need of care, **We Can Help You!** Please reach out to us to schedule a Telemedicine Evaluation!

Please monitor our social media accounts for guest lectures from some of your favorite clinicians!!

Stay Safe,
-Strive Physical Therapy